

# Supplement Facts

Serving Size: 1 Packet (7 Capsules & 1 Softgel)

Servings Per Container: 60

Amount Per Serving	% Daily Value*	
Vitamin A (as beta carotene, retinyl palmitate)	11250 I.U.	225%
Vitamin C (as calcium ascorbate)	575 mg	958%
Vitamin D (as cholecalciferol)	400 I.U.	100%
Vitamin E (as d-alpha tocopheryl succinate)	130 I.U.	433%
Vitamin K (as phytonadione)	3 mcg	4%
Vitamin B1 (as thiamine mononitrate)	9 mg	600%
Vitamin B2 (as riboflavin)	9 mg	529%
Vitamin B3 (as niacinamide)	15 mg	75%
Vitamin B6 (as pyridoxine hydrochloride)	9 mg	450%
Vitamin B9 (as folic acid)	300 mcg	75%
Vitamin B12 (as cyanocobalamin)	6 mcg	100%
Vitamin H (as biotin)	375 mcg	125%
Vitamin B5 (as d-calcium pantothenate)	9 mg	90%
Calcium (as ascorbate, carbonate, amino acid chelate, propionate)	202 mg	20%
Iron (as amino acid chelate)	7.5 mg	42%
Iodine (as potassium iodide)	75 mcg	50%
Magnesium (as magnesium oxide, amino acid chelate)	80 mg	20%
Zinc (as amino acid chelate)	7.5 mg	50%
Selenium (as amino acid chelate)	35 mcg	50%
Copper (as amino acid chelate)	0.75 mg	38%
Manganese (as amino acid chelate)	1 mg	50%
Chromium (as amino acid chelate)	60 mcg	50%
Molybdenum (as amino acid chelate)	37.5 mcg	50%
PATENTED CHELATED ANTI-AGING MIRACLE MINERALS™ THE VILCABAMBA MINERAL ESSENCE® PROPRIETARY BLEND - Potassium†, Calcium, Magnesium, Zinc, Chromium, Selenium, Iron, Copper, Molybdenum, Vanadium†, Iodine, Cobalt†, Manganese	500 mg	**
Organic Flaxseed Oil	205 mg	**
Omega-3 (from evening primrose oil, borage oil, organic flaxseed oil, marine lipid oil)	154 mg	**
Omega-6 (from evening primrose oil, borage oil, organic flaxseed oil, marine lipid oil)	128 mg	**
Evening Primrose Oil	100 mg	**
Borage Oil	100 mg	**
Marine Lipid Oil	95 mg	**
Grape Seed Extract (standardized to provide 75.05mg proanthocyanidins)( <i>Vitis vinifera</i> )(seed)	79 mg	**
Omega-9 (from evening primrose oil, borage oil, organic flaxseed oil, marine lipid oil)	59 mg	**
Rose Hips ( <i>Rosa canina</i> )(fruit)	43.33 mg	**
Broccoli ( <i>Brassica oleracea v. botrytis</i> )(florets)	35 mg	**
Garlic ( <i>Allium sativum</i> )(clove)	35 mg	**
Barley Grass ( <i>Hordeum vulgare</i> )(young grass)	35 mg	**
Beet Juice Powder ( <i>Beta vulgaris</i> )(root)	35 mg	**
Carrot Powder ( <i>Daucus carota</i> )(fresh carrots)	35 mg	**
Papaya ( <i>Carrica papaya</i> )(leaf)	35 mg	**
Pineapple Extract ( <i>Ananas comosus</i> )(fruit)	35 mg	**
Wheat Grass ( <i>Triticum aestivum</i> )(organic)	35 mg	**
Quercetin	34 mg	**
Alpha Lipoic Acid	29 mg	**
Apple Pectin ( <i>Malus sylvestris</i> )	26 mg	**
Hesperidin Complex	25 mg	**
Rutin ( <i>Sophora japonica</i> )	25 mg	**
Milk Thistle Extract (standardized to provide 19.2mg silymarin)( <i>Silybum marianum</i> )(fruit)	24 mg	**
Lactobacillus Acidophilus	20 mg	**
Parsley ( <i>Petroselinum crispum</i> )(aerial parts)	20 mg	**
Horsetail ( <i>Equisetum majus</i> )(aerial parts)	20 mg	**
Plant Enzyme Blend	19 mg	**
Hawthorn ( <i>Crataegus oxyacantha</i> )(berry & leaf)	15 mg	**
Turmeric Extract ( <i>Curcuma longa</i> )(rhizome)	15 mg	**
Ginkgo Biloba Extract (standardized to provide 3.6mg flavonglycosides and 0.9mg terpenes) ( <i>Ginkgo biloba</i> )(leaf)	15 mg	**
Carnitine (as acetyl L-carnitine)	10 mg	**
Flavones (from citrus bioflavonoid complex)(Citrus species)(peel)	9 mg	**
Choline Bitartrate	3 mg	**
Soy Isoflavones ( <i>Glycine max</i> )(seed)	1.6 mg	**
Lycopene (from tomato extract)( <i>Lycopersicon esculentum</i> )(fruit)	1.375 mg	**
Lutein (crystalline lutein)(from marigold flowers)	0.375 mg	**
Boron (as boron citrate)	0.2 mg	**
Vanadium (as vanadyl sulfate)	1 mcg	**

\* Percent Daily Values are based on a 2,000 calorie diet

\*\* Daily Value Not Established

† Contains less than 2% of the Daily Value of these Nutrients

Other Ingredients: Gelatin, glycerin, water, yellow beeswax, microcrystalline cellulose, magnesium stearate (vegetable source), silicon dioxide.